

Aesop Institute

Continuing Professional Development
for Arts and Health Professionals

Aesop Institute 2019 will commence with a three-day arts and health residential in Folkestone. Please find programme below (please note final programme may be subject to change).

Arrival Date: Monday 13 May

Departure Date: Thursday 16 May

Location: Quarterhouse, Folkestone (www.quarterhouse.co.uk)

Monday 13 May

Arrival in Folkestone and evening reception.

Tuesday 14 May

Following introductions and ice-breakers, Aesop Institute's co-directors Tim Joss (Chief Executive and Founder, Aesop) and Professor Stephen Clift (Centre Director, Sidney De Haan Research Centre for Arts and Health) will lead discussion to set the agenda for the module.

We will then be joined by a representative from leading health thinktank, the Health Foundation, Josephine Burns (Founder and Senior Associate, BOP Consulting) to give up-to-date introductions and perspectives on the two sectors – health and arts.

This will be followed by a session with John McMahon (Senior Manager: Policy and Research, Arts Council England), Stephen Clift and Angus McLewin (Associate, Sidney De Haan Research Centre for Arts and Health) exploring key concepts, the history of how the two sectors have linked and an overview of current practice and policy.

In the evening join us for dinner and networking.

Wednesday 15 May

Trish Vella-Burrows (Principal Research Fellow, Sidney De Haan Research Centre for Arts and Health) leads a session planning arts and health programmes. This

will be followed by a session about evaluating those programmes with discussion of evidence in practice, led by Esther Coren (Assistant Director of Research, Sidney De Haan Research Centre for Arts and Health). Tim Joss will share experiences of developing Dance to Health (a £2.1 million dance falls prevention programme for older people).

The next session will focus on securing commissions and funding for projects and how to embed, spread and scale successful projects. Our guest speaker will be Laura Boyd, Deputy Director of the NHS Innovation Accelerator.

Following lunch, students will take part in a communications workshop led by Vivienne Parry OBE (broadcaster, conference chair, journalist and board member of UK Research and Innovation). Together we will explore effective ways to skilfully communicate ideas and projects, and how to work with the media.

In our final session Carrie Jackson (Director of the England Centre for Practice Development) will delve into the values, attitudes and skills which can underpin co-operative working and leadership in arts and health.

The day will end with a Special Dinner with networking opportunities and activities.

Thursday 16 May (morning only)

Our final sessions will give students the opportunity to work on personal development plans and the arts and health projects which will form the basis of their assessed work-based portfolio from May to September. Sue Holmes (Work-Based Facilitator) will lead this session.

Stephen Clift and Eleni Hatzidimitriadou (Head of Research and Enterprise, Faculty of Health and Wellbeing) will lead a Next Steps Plenary Session and signpost online resources available via the university. We will discuss the next steps you will be taking in order to gain academic credits in this negotiated learning module, peer learning and the mentoring available to Aesop Institute students.

Lunch will be provided prior to departure.