



Monday 3 June
Birmingham Hippodrome

Please find below programme for the event (final programme may be subject to change).

10am	Registration and refreshments
10.30 – 11.30am	<p>Welcome address, warm up and performance from a Birmingham Dance to Health group.</p> <ul style="list-style-type: none"> • Aims of the Day and Programme Outline • Dance to Health – the story so far • Participant/volunteer testimonials
11:30am – 1pm	<p>Reflection and feedback</p> <p>Breakout Sessions including:</p> <p>Practical Dance Artists/Assistant Dance Artists</p> <p>Sharing practice and learning from a PSI and creative aspect.</p> <p>Operational Participants/Volunteers</p> <p>An opportunity to meet members of other Dance to Health groups across England and Wales and share experiences of the programme so far.</p> <p>Strategic Dance, Health and Dialogue Partners and Funders</p> <p>Partners invited to share experience of being involved in Dance to Health.</p>
1 – 1.45pm	Lunch and networking

1.45 – 2.45pm	<p>Learning something new and taking Dance to Health forward.</p> <p>Breakout Sessions including:</p> <p>Practical Dance Artists / Assistant Dance Artists</p> <p>Developing ideas for new choreography for older people</p> <p>Operational Participants and Volunteers</p> <p>Developing Sustainable Community Groups – helping you to keep your Dance to Health group going</p> <p>Strategic Dance, Health and Dialogue Partners and Funders</p> <p>The wider impact of Dance to Health and developing future work. How can we take the experience of Dance to Health to extend our:</p> <ul style="list-style-type: none"> • Arts and health work • Cross-sector/partnership working • Interdisciplinary working
2.45 – 3.15pm	Refreshments and networking
3.15 – 3.45pm	<p>Panel Q&A with:</p> <ul style="list-style-type: none"> • Professor Kevin Fenton - Strategic Director of Place and Wellbeing and Director of Public Health at London Borough of Southwark; and Aesop Chair of Trustees • Participant/Volunteer (tbc) • Ryan Hughes - Health Partner - Active Norfolk. • Kasia Kraus - Dance Partner - Birmingham Royal Ballet
3.45 – 4.10pm	Moving forward - Plans for Dance to Health Phase Two
4.10 – 4.25pm	A practical taster session for everyone!
4.25 – 4.30pm	Closing comments